

this is aries?

days that flow without ups and sideways or color or even pain
without worrying or thinking deeply
without heat or wind or drizzle
seamless second into next
shallow breathing and
a name for stream
and don't worry
be happy to
flow with

.....

no towering waves
to force thinking
no pleasure to
experience
is enough
friendly
almost
word

.....

lupines now are everywhere and those little fragrant
wood violets, iris, the first calendula, the roses will burst out tomorrow.

robert wolff © 1988